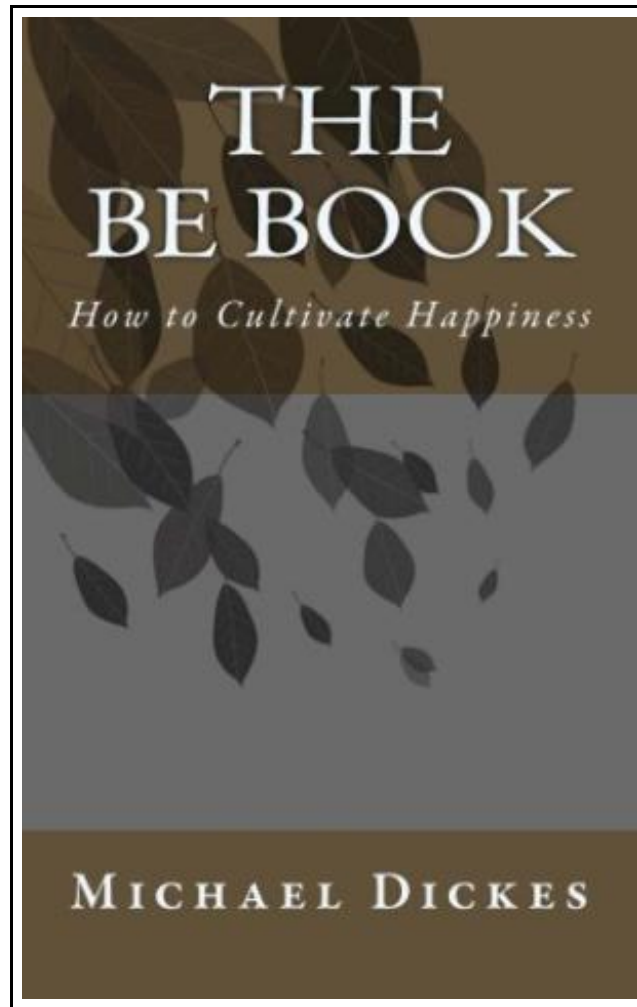


## The Be Book: How to Cultivate Happiness for Life in the Modern World



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